

Proposed topics for research projects 2024/2025 in the *psychology discipline*

prof. dr hab. Hanna Liberska

1. *Satisfaction with life and its determinants - psychosocial protective resources as a result of ecological stress - in different cultural contexts*

The main problem concerns specific psychological, social and sociodemographic factors that make coping with stress in the period of cumulative challenges and threats related to the Covid-19 pandemic, armed conflict and economic crisis easier or more difficult. Comparative research will focus on identifying cultural differences in this area.

2. *The challenges of fatherhood: changes in the development of psychological structures and social functioning of a man who enters the role of a father for the first time*

The birth of offspring is a normative event that is significant for the psychosocial development of a woman and a man. However, it is also a source of stress that may disorganize (periodically or relatively permanently) functioning, and it certainly requires changes in the organization of activity, lifestyle, and relationships with an intimate partner (here: with the child's mother). The question arises about the resources that support entering the role of the father and about the factors that threaten this. It is assumed that this is favored by the concept of self and the concept of life in which parenthood is inscribed. As a result of the man noticing the relationship between the realization of fatherhood and his own psychosocial development, including the development of identity and a change in social status, parenting may become a source of many positive emotions and satisfaction with life.

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1. *Reconstruction of corporal-Self and body-esteem in aging women and/or men*

The issue of body and body-esteem in global culture is central. In the earlier stages of development, the body's contribution to the formation of a sense of identity and determining the quality of social interaction is indisputable. This issue is still little understood in the context of aging, when the body ceases to be beautiful and becomes functionally defective. What strategies do seniors adopt to cope with this change is the subject of research.

2. *The self-presentation in online environment and identity reconstruction.*

The online context provides more opportunities for identity exploration. The purpose of the study is to examine the role of personality in online identity reconstruction. In addition, a question is asked about the impact of online identity experimentation on an individual's well-being and body-esteem.

Further questions should be sent to dr hab. Aleksandra Błachnio, prof. uczelni at the following email address: **alblach@ukw.edu.pl**